



AT&T Asian Pacific Islanders for Professional and
Community Advancement presents:

2017 Youth Dragon Boat Day Camp & Race

Leschi Marina, Lake Washington
July 17 – 20 9AM to 12PM Camp

Lake Sammamish Sunset Beach
July 21 9AM to 12PM Camp
July 22 7AM to 4PM Race Day

Practice Schedule

Paddling preparation
Dry land training
On the water
Debrief, team building

Learn to Paddle

 Fun
 Fitness
 Teamwork



2017 Youth Dragon Boat Camp

prepares youth ages 14 -19 for dragon boat racing. Over the course of five days, learn paddling stroke techniques, team sportsmanship and racing strategies.

On the final day, race in the
Celebrating Life Dragon Boat Festival
on Lake Sammamish!



Race and 5 days of training - \$100
Partial and full scholarships available

Fees go to offset costs for training, equipment, snacks, racing jersey and festival registration.



Register online at

<https://www.webscorer.com/register?raceid=93250&lang=en>